



# OB EDUCATION & CHILDBIRTH CLASSES March 2017

Truman Medical Center Hospital Hill 2301 Holmes Kansas City, MO 64108

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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**Labor and Delivery tours are scheduled March 2 at 10 am and 7:30 pm**  
 All classes are held in the Family Education Center on the 6th Floor by the GYN Specialty Clinic  
 Baby Cafe is a breastfeeding support meeting for new mothers to attend after delivery.  
 Once you deliver your baby at TMC Hospital Hill, attend 3 meetings and you receive an electric breast pump.  
 Registration is required for childbirth classes To register, call 816-404-2846 or 816-404-4124. Register at least 48 hours prior to class.

1-3 pm En Espanol  
 6-8 pm English  
 Childbirth Class  
 Natural Birth Techniques

1- 3 pm  
 Diabetes Education  
 (En Español)

9-11 am  
 Diabetes Education  
 1-2:30 pm  
 Baby Cafe

1-3 pm En Espanol  
 6-8 pm English  
 Childbirth Class  
 C-section, Postpartum and  
 Newborn

1 -3 pm  
 Diabetes Education  
 (En Español)

9-11 am  
 Diabetes Education  
 1-2:30 pm  
 Baby Cafe

2-3:30 pm  
 Safe Sleep/SIDS

1-3 pm  
 Diabetes Education  
 (En Español)

9 am - 4 pm  
 Childbirth class marathon  
 (If there are no class  
 participants by 9:30, class  
 will be canceled)

9-11 am  
 Diabetes Education  
 1-2:30 pm  
 Baby Cafe

1-3 pm  
 Diabetes Education  
 (En Español)

9-11 am  
 Diabetes Education  
 1-2:30 pm  
 Baby Cafe

1-3 pm  
 Diabetes Education  
 (En Español)

We're Baby Friendly!

